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## **Integrated Healing Techniques**

**with**

**Fiorella Capuano**

The Integrated Healing Techniques of Fiorella Capuano (13 Moon Healing School) derive from the observation of Natural Cyclic Order. The 13 Moon Healing School developed from the global evolutionary process now underway, a new consciousness that brings with it a new social model and new forms of health and healing.

One of the important aspects of the 13 Moon Healing School is that it is based on an integration of current scientific discoveries (biophysics, quantum physics, vibrational medicine, music therapy, etc.) with ancient traditional medicines (Chinese, Taoist, etc.). This already ample and complete material is further augmented by new discoveries tied to Time as Consciousness. Above all, this last is what makes these integrated healing techniques so unique. The discoveries, defined as Cosmic Science, clearly show the beauty and perfection of the highest levels of harmony.

Part of this teaching program has already been introduced into the existing scholastic structure as a formational course for teachers, with surprising results.

All scientific models until now have held the dynamics of space in high consideration without ever dealing with temporal coordinates. With the discovery of the New Law of Time, science is opening up to the factor of Time, even in regards to holistic mind experimentation.

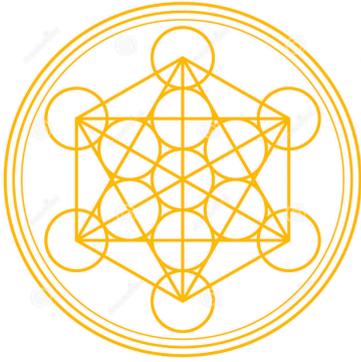
The Integrated Healing Techniques of Fiorella Capuano offer both theory and practice sessions, with much physical movement and sensory experimentation which optimize the simultaneous use of both hemispheres of the brain.

13 Moons Holistic School of healing is in an expanded form in multiple languages; you can follow it online by registering at the link below to excellent aloe-based products for cleaning the excretory organs. The Holistic School curriculum is offered free by participating monthly in the EasyDetox and maintenance programs. These products were chosen for their efficacy and 4 certifications including the Kosher certification as to their spiritual purity. This is how we work on subtle frequencies, starting from the body. We eliminate cellular memories related to the sufferings of life.

This is the school of the future where we are all on a path of growth and reciprocal recognition. Every person has the possibility of transmitting their own experiences, competence and teachings.

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Using this link will allow you to join our team.



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### Course Breakdown

The course begins with a study of the five human Functional Circuits (kidney-bladder, liver-gall bladder, lung-colon, stomach-spleen-pancreas, heart-small intestine).

Each subject is treated holistically, focalizing on common aspects, connections and interactions.

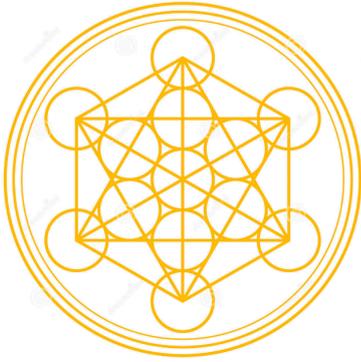
The 13 Moon Healing School is structured as a four-year course ideally subdivided into 9 weekends plus a ten-day intensive for each of the four years. Given the success we have had internationally with the 9-day EasyDetox program, the School is developing mainly into an online course.

1<sup>st</sup> Functional Circuit: Kidney/Bladder. Sense organ: ear – hearing. Element: water.

- Aware listening
- Videos and commentary
- Emotional relaxation (in water, if possible)
- Sound and Music
- 13 Moon Calendar
- Chromopuncture self-treatment to develop kidney energy
- Deep Kidney Cleanse
- Meditation

2<sup>nd</sup> Functional Circuit: Liver/Gall Bladder. Sense organ: eye – sight. Element: wood.

- Chromotherapy
- Videos and commentary
- Woodland walks
- Introduction to Iridology
- Sound and Music
- Dreamspell, Timeship Earth 2013
- Craniosacral Balancing - Unwinding
- Chromopuncture – liver detox
- Body Movement



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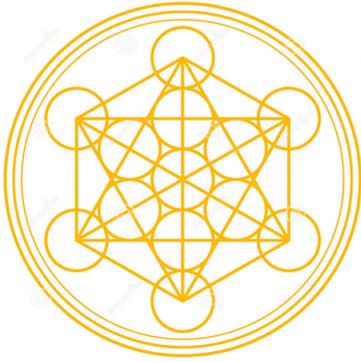
- Deep Liver Cleanse
- Meditation

3<sup>rd</sup> Functional Circuit: Lung/Colon. Sense organ: nose – smell. Element: metal.

- Aromatherapy
- Videos and commentary
- Breathing Sessions
- Sound and Music
- Craniosacral Balancing
- Massage and self-massage
- Abdominal Massage
- Chromopuncture points of the lung
- Male-Female relationships
- Deep Colon Cleanse
- Meditation

4<sup>th</sup> Functional Circuit: Stomach/Spleen/Sense organ: mouth – taste. Element: earth.

- Health at the table, cooking lessons
- Food Intolerances
- Videos and commentary
- Sound and Music
- Telektonon, Lovers Reunion
- Rinri Project
- Craniosacral Balancing
- Head and Face Massage
- Chromopuncture points of the stomach
- Meditation



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5<sup>th</sup> Functional Circuit: Heart/Small Intestine. Sense organ: tongue – taste. Element: fire.

- Communication of the Heart
- Videos and commentary
- Sound and Music
- Continuous Consciousness, Super Conscious, Subliminal Conscious
- 260 Postulates of the Dynamics of Time
- Chromopuncture points of the heart
- Craniosacral Balancing
- Prenatal treatment, metamorphic massage
- Meditation

Practical techniques:

- gestalt exercises, kinetic exercises
- mental exercises, subliminal dynamics brain management
- applied kinesiological testing
- aqua-gym, emotional relaxation in water
- physical movement, contact improvisation
- danced meditations, metaphysical dance, Qi Kong
- techniques utilizing sound and voice,
- experiences with rhythm and conscious breathing
- techniques of perceptual refinement
- reharmonization with the sound of the Crystal Bowls.